

What is Kinesiology?

Kinesiology, literally the study of body movement, encompasses holistic health disciplines that use gentle manual muscle testing to monitor information about a person's well-being.

It originated in the 1950's combining Western techniques with Eastern wisdom to promote physical, emotional and spiritual health.

Kinesiology identifies factors that block the body's natural healing processes. Attention to reflex and acupuncture points, the use of specific body movements and nutritional support, rectify these dysfunctions.

Holistic Kinesiology can relieve pain, stress, muscular and nervous disorders; can detect and correct allergies, sensitivities and nutritional deficiencies; and can assist with psychological and learning problems, - stimulate energy and release untapped potential.

* British Parliament Definition

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**Access Consciousness
Bars And Body Work**

Getting To The Heart Of The Matter

My Personal Experience

From my extensive training, personal experience and after working with many clients here in Australia and overseas, I developed an excellent reputation for my ability to assist others: Physical, Mental, Emotional & Spiritual.

Access Consciousness & The Bars

What Are The Bars? The Bars are 32 bars of energy that run through and around our head. These Bars store the electromagnetic component of all the thoughts, ideas, attitudes, decisions & beliefs that we have ever had about anything.

There are bars for Healing, Body, Control, Awareness, Creativity, Power, Aging and Money just to name a few. Each thought, idea, attitude, decision or belief that we have fixed in place solidifies the energy and limits our capacity to be expansive and generative.

By running energy through these bars, the barriers dissipate and the electromagnetic charge is released. Releasing stuck energy is like deleting old files off your computer. You have more space to create something new.

Education and Training

I hold a **Diploma of Health Sciences in Holistic Kinesiology** from the College Of Complementary Medicine in Melbourne.

I have been working with clients and healing since 1991, and have been regularly teaching Kinergetics Kinesiology, Applied Physiology and R.E.S.E.T. Jaw Correction Technique workshops here in Australia & overseas.

Issues That Can Be Improved

- Better Connection To Self & Body
- Structure, Pain & Realignment
- Physical & Emotional Well-being
- Money, Abundance & Wealth
- Relationships & Communion
- Electrical Versus Acoustical Being
- Higher Consciousness & Oneness
- Spiritual & Metaphysical Issues

Kinesiology & Healing Modalities:

- All Aspects Of Kinesiology
- R.E.S.E.T. Jaw Correction
- Neurolink Integration System (NIS)
- N.A.E.T. Allergy Elimination Technique
- Oneness Blessings and Deeksha
- Access Consciousness The BARS

What People Are Saying After Having Their Bars Run:

- ✓ Relieves tension and pain in both mind and body.
- ✓ Creates a lasting feeling of peace and well-being.
- ✓ Quietens the distracting chatter in your head.
- ✓ Relieves the stress created by pressure to perform.
- ✓ Releases the blocks caused by the build up of anger, frustration and exhaustion.
- ✓ Allows more energy to be available to you.